

SOLDIERS PRE-DEPLOYMENT CHECKLIST

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Cerf-P Ex-Eval: Fort Drum June 2007

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To prepare you for the upcoming deployment we have prepared a combination of a pack list

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and a condensed SRP. This is not meant to replace the SRP that will occur 11 JUNE 07

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it is meant to help you ensure that when you arrive for SRP that YOU are not one of the people who

7

have problems or realize they are missing things or have not preformed necessary pre-mob tasks.

8

Done?

Pre-Mobilization Activities

9

Check

Do you have physical on file with the NYG within 1yr of the date of deployment

10

Check

Do you have a NYG ID card that is valid throughout the deployment

11

Check

Is your date of enlistment up during the deployment? If it is have you completed re-enlistment paperwork prior to deploying?

12

Check

Have you received your final orders and ensured that your name is listed and that your information is correct?

13

Check

Have you submitted copies of your orders to your employer and arranged for time off from work?

14

Check

Have you compiled a list of all medications you take, both prescription and over the counter? See Sample Form, DrumMedication1a

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Check

Have you made photocopies of your orders, NYG ID Card, Other Photo ID & other important documents? (at LEAST 2 Copies of each) CERF-P Command Staff HAVE copies of all of this, but NEVER trust anyone else to do for you. Take responsibility for yourself it will be faster and more efficient for you to produce these documents yourself.

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Done?

On Your Person the DATE of Deployment

	A	B
17	<input type="checkbox"/> Check	NYG ID Card
18	<input type="checkbox"/> Check	Copy of your Orders
19	<input type="checkbox"/> Check	Second form of Photo ID: Passport, Drivers License etc.
20	<input type="checkbox"/> Check	Medication List: See Sample
21	<input type="checkbox"/> Check	All Pertinent Paperwork Should be together in either a folder, travel document holder or we suggest a clear map case protector. Makes documents easy to see, accessible and protected from water.
22	<input type="checkbox"/> Check	Wallet with any credit cards/debit cards/cash you plan to bring. We prefer that you keep these items on your person rather than leaving them in your bag .
23	<input type="checkbox"/> Check	WEARING: BDU Uniform w/Beret
24	<input type="checkbox"/> Check	1 Carry on Bag for Bus
25	<input type="checkbox"/> Check	Any & All CERF Issued Gear
26	<input type="checkbox"/> Check	Duffle/Footlocker/Luggage filled with items for deployment
27	<input type="checkbox"/> Check	A Small Ziplock bag in your BDU pocket for Smokers to put field stripped cigarettes in vs. just putting the butts in your pocket. (optional)
28	Done?	Carry on Bag for Bus
29	<input type="checkbox"/> Check	Prescription medications **MUST BE IN ORIGINAL LABELED PX CONTAINERS - NO PILL BOXES**
30	<input type="checkbox"/> Check	Vitamins and over-the-counter medications (travel sickness, headache, indigestion, diarrhea) **SHOULD BE INDIVIDUALLY WRAPPED DOSES - MUST BE IN ORIGINAL CONTAINERS**
31	<input type="checkbox"/> Check	Extra pairs of sunglasses, prescription glasses, contact lenses
32	<input type="checkbox"/> Check	Cell phone and charger (Optional)

	A	B
33	<input type="checkbox"/> Check	Camera (Optional)
34	<input type="checkbox"/> Check	Magazines, books
35	<input type="checkbox"/> Check	Personal Entertainment Electronics: MP3 Player, Portable CD player, Portable DVD player, PS2, Laptop (Optional) *Choose carefully what you bring - The NYG is not responsible for lost/stolen/damaged property.
36	<input type="checkbox"/> Check	Travel pillow
37	<input type="checkbox"/> Check	Snacks and bottled water
38	<input type="checkbox"/> Check	Long distance phone card
39	Done?	Main Pack List
40	<input type="checkbox"/> Check	Duffle Bag, or Footlocker with Lock. (Civilian Luggage while not preferred is allowed)
41	<input type="checkbox"/> Check	Combat Boots, Black. At least 1 Pair. (A backup pair is a good idea if you already have a second set.)
42	<input type="checkbox"/> Check	At least 2 pairs of BDU Pants
43	<input type="checkbox"/> Check	At least 2 BDU Blouses
44	<input type="checkbox"/> Check	At least 4 brown T-shirts
45	<input type="checkbox"/> Check	8 Pairs Hot Weather Boot Socks
46	<input type="checkbox"/> Check	1 Beret
47	<input type="checkbox"/> Check	1 Field Cap (if you are bringing both NYCO and Rib stock uniforms then you must bring 2 Field Caps - 1 in the NYCO fabric and 1 in the Rib stock fabric)
48	<input type="checkbox"/> Check	BDU Belt, Black with Black buckle
49	<input type="checkbox"/> Check	Gortex Jacket or Poncho & Field Jacket, Gortex Rain Pants Optional

	A	B
50	<input type="checkbox"/> Check	At Least 2 pair PT Shorts
51	<input type="checkbox"/> Check	At Least 2 Short Sleeve PT Shirts
52	<input type="checkbox"/> Check	1 Pair Sneakers, (a backup pair is useful if they get wet so if you have an extra pair - bring them)
53	<input type="checkbox"/> Check	PT Jacket (Optional)
54	<input type="checkbox"/> Check	Reflective PT Strap
55	<input type="checkbox"/> Check	8 pair white socks for wear with PT uniform
56	<input type="checkbox"/> Check	8 Pairs of Underwear
57	<input type="checkbox"/> Check	1 Towel, For Drying Self off in Field
58	<input type="checkbox"/> Check	Flip-Flop Style Shower Shoes, for use in the field
59	<input type="checkbox"/> Check	Civilian Outfits, Appropriate in nature and in climate (3)
60	<input type="checkbox"/> Check	Boot Shine Kit
61	<input type="checkbox"/> Check	Copy of all of your Documents inside your bag
62	Done?	Personal Items
63	<input type="checkbox"/> Check	Toothbrush
64	<input type="checkbox"/> Check	Toothpaste
65	<input type="checkbox"/> Check	Razor
66	<input type="checkbox"/> Check	Shaving Cream

	A	B
67	<input type="checkbox"/> Check	Deodorant
68	<input type="checkbox"/> Check	Bug Repellant
69	<input type="checkbox"/> Check	Chap stick w/Sunscreen
70	<input type="checkbox"/> Check	Sun Screen
71	<input type="checkbox"/> Check	Shampoo/Conditioner
72	<input type="checkbox"/> Check	Soap
73	<input type="checkbox"/> Check	Brush/Comb
74	<input type="checkbox"/> Check	Looafa/Washcloth
75	<input type="checkbox"/> Check	Moisturizing Lotion (optional)
76	<input type="checkbox"/> Check	Powder, Anti-Fungal
77	<input type="checkbox"/> Check	Nail-Clipper/File
78	Done?	Female Specific Items
79	<input type="checkbox"/> Check	1 or 2 Regular Bras Cotton or Moisture Wicking Fabric
80	<input type="checkbox"/> Check	2 Sports Bras Cotton or Moisture Wicking Fabric (under armor now makes sports bras)
81	<input type="checkbox"/> Check	Hair ties & pins (If needed to keep hair off of collar)
82	<input type="checkbox"/> Check	Make-up (optional)
83	<input type="checkbox"/> Check	Tampons/Sanitary Napkins (even if you aren't Due - Women who bunk together often get their periods together)

	A	B
84	Done?	Equipment
85	<input type="checkbox"/> Check	CERF-P Issued Equipment & Bag
86	<input type="checkbox"/> Check	Pistol Belt
87	<input type="checkbox"/> Check	LBE's or LBV's
88	<input type="checkbox"/> Check	2 Canteen's, 1 Quart
89	<input type="checkbox"/> Check	Personal First Aid Kit (NO MEDICAL EQUIPMENT BEYOND THIS UNLESS YOU ARE A COMBAT LIFESAVER, NYS CFR, NYS EMT, NYS PARAMEDIC, RN or MD!!!)
90	<input type="checkbox"/> Check	Personal Hydration Systems are not only allowed but suggested as a secondary water source
91	<input type="checkbox"/> Check	Flashlight w/ extra batteries and extra bulb
92	<input type="checkbox"/> Check	Laundry Bag
93	<input type="checkbox"/> Check	Ziplock Bags, For Waterproofing (Various Sizes - Zipper Style) * (Optional but Suggested)
94	<input type="checkbox"/> Check	Waterproof material to protect your pack in case of rain, ie tarp, extra poncho, heavy mil bag.
95	<input type="checkbox"/> Check	Alarm Clock (Hotel will most likely have one but be sure that you have something that will wake you up - cell phone alarm, watch or portable alarm clock)
96	<input type="checkbox"/> Check	Leather Work Gloves
97	<input type="checkbox"/> Check	Travel pack of tissues or baby wipes (recommended)
98	<input type="checkbox"/> Check	Scissors (optional)
99	<input type="checkbox"/> Check	Moleskin